

## PPPG NEWSLETTER

### SEEKING DISCERNMENT

In the January PPPG prayer meeting, Fr. Elton Fernandes, SJ of Taipei Ignatian Spirituality Centre guided us on how to hear Christ's voice more clearly.

It was such an excellent talk. Father Elton explained thoroughly on how God speaks to us, that His voice is often very subtle and need to be discerned. He pointed out the two keys of discernment: consolation and desolation and then he ended the talk with the process of discernment. He also gave many examples from our daily lives.

After hearing the talk, I realized that discerning God's voice was important in the spiritual life. In the world today, when there are so many voices going into our ears, it is hard to sift these voices and choose the will of God.

When it comes to God's will, I think understanding His heart and mind is crucial; and the bible and scriptures will certainly help me. I should ask the Holy Spirit to reveal God's truth and goodness and assist me to pray, read and meditate God's word every day and above all to hear His voice.

In every decision I make in the future, small or big, I want to notice if there is consolation or desolation. There are peace and joy in consolation. There is no peace in desolation.

My goal, then, is a life of discernment. I must work at it with prayer, sacraments, and other aspects of spiritual life. This takes time and patience to grow. But like everything else, when it becomes a habit, it will gradually turn into regular behavior and an automatic reaction.

By: **Patty Mak**



#### **Editor's note:**

*We received two testimonies from our members after attending the prayer meeting on January 9<sup>th</sup>, 2021. Fr. Elton Fernandes, SJ was the presenter and the topic: "How can we hear Christ's voice more clearly?". Please enjoy the article from Patty Mak this month and another article for our March issue.*

# PRAYER INTENTIONS

February 2021

## 1 | Ministry of Confession

Heavenly Father, we pray that your priests hearing Confession may fill the repentant hearts of Your prodigal sons and daughters with Your Divine Mercy and Healing Graces. May these blessed encounters with Your unconditional love rebuild relationships strained by sin.

**St. Padre Pio, please pray for us!**

## 2 | Healthcare Workers

Almighty God, we pray that your healing power may touch the hands and hearts of our Healthcare Workers. That lives threatened by illness may be restored through the intercession of St. Raphael and Saint Dymphna.

**St. Padre Pio, please pray for us!**

## 3 | Those who separated themselves from the Church.

Merciful Father, we pray for those who have become separated from the Church: even though they have strayed from Your path, you are The Good Shepherd, caring for Your flock and seeking out the lost. May they hear Your

voice calling out to them, offering to lead them safely back home.

**St. Padre Pio, please pray for us!**

## 4 | Those who are becoming lukewarm.

Holy Spirit, we pray that the flames of your Love be rekindled in all those who are becoming lukewarm in their faith. With Your outstretched Hand, raise the doubting from the cold and barren stormy seas of disbelief into Your comforting and safe embrace.

**St. Padre Pio, please pray for us!**

## 5 | Those who are suffering from addictions.

Loving and Merciful God, we pray for all those who have been misled to seek relief from the trials and challenges of life in the form of addictions. That they may find You, the blessed and enlivening balm for their restless hearts. May the gaze of their hearts meet with Yours as You reassure them, they will always be Your beloved children.

**St. Padre Pio, please pray for us.**

Do you want us to pray for you? Email us: [PPPG.Prayer.Request@gmail.com](mailto:PPPG.Prayer.Request@gmail.com)